

SURVIVAL STRATEGY OBSERVATION

In order to understand the child's most frequently used survival strategy, check all the behaviours or characteristics that you have observed on more than a few occasions.

Fight		Flight		Freeze		Submit		Fawn	
Acts flustered.	<input type="checkbox"/>	Frequently runs away.	<input type="checkbox"/>	Disinterested in surroundings.	<input type="checkbox"/>	Socially withdrawn.	<input type="checkbox"/>	Can't handle conflict.	<input type="checkbox"/>
Easily angered.	<input type="checkbox"/>	Keeps super busy.	<input type="checkbox"/>	Easily confused.	<input type="checkbox"/>	Compliant.	<input type="checkbox"/>	People pleasing.	<input type="checkbox"/>
Tries to exert control.	<input type="checkbox"/>	Struggles with free time.	<input type="checkbox"/>	Changes the subject abruptly.	<input type="checkbox"/>	Often silent.	<input type="checkbox"/>	Too agreeable.	<input type="checkbox"/>
Blames others.	<input type="checkbox"/>	Needs to be first.	<input type="checkbox"/>	Can't stick with tasks.	<input type="checkbox"/>	Provides yes or no answers.	<input type="checkbox"/>	Can't name feelings.	<input type="checkbox"/>
Loud, noisy.	<input type="checkbox"/>	Bumps into people.	<input type="checkbox"/>	Not listening to others.	<input type="checkbox"/>	Slow thought process.	<input type="checkbox"/>	Avoids conflict.	<input type="checkbox"/>
Pushes away friends.	<input type="checkbox"/>	Avoids tasks or activities.	<input type="checkbox"/>	Stares into space.	<input type="checkbox"/>	Gives up on tasks easily.	<input type="checkbox"/>	Denies feelings.	<input type="checkbox"/>
Demanding.	<input type="checkbox"/>	Uses silly voices.	<input type="checkbox"/>	Clumsy.	<input type="checkbox"/>	Neutral facial expression.	<input type="checkbox"/>	No clear identity.	<input type="checkbox"/>
Inflexible thinking.	<input type="checkbox"/>	Fidgets when sitting still.	<input type="checkbox"/>	Scans the environment often.	<input type="checkbox"/>	Exhibits a low mood.	<input type="checkbox"/>	No strong beliefs.	<input type="checkbox"/>
Difficulty concentrating.	<input type="checkbox"/>	Tends to hide.	<input type="checkbox"/>	Forgetful.	<input type="checkbox"/>	Walks with head down.	<input type="checkbox"/>	Shifting values.	<input type="checkbox"/>
Difficulty finishing tasks.	<input type="checkbox"/>	Puts head down.	<input type="checkbox"/>	Slow moving.	<input type="checkbox"/>	Agrees easily.	<input type="checkbox"/>	Sudden outbursts.	<input type="checkbox"/>
Has trouble fitting in.	<input type="checkbox"/>	Difficulty following rules.	<input type="checkbox"/>	Daydreams frequently.	<input type="checkbox"/>	Described as a loner.	<input type="checkbox"/>	Bouts of sadness.	<input type="checkbox"/>
Less mature than peers.	<input type="checkbox"/>	Acts aggressively.	<input type="checkbox"/>	Delayed reactions.	<input type="checkbox"/>	Looks anxious or troubled.	<input type="checkbox"/>	"Yes" person.	<input type="checkbox"/>
Disruptive in groups.	<input type="checkbox"/>	Constantly moving.	<input type="checkbox"/>	Reluctant to try new things.	<input type="checkbox"/>	Easily bullied.	<input type="checkbox"/>	Flatters others.	<input type="checkbox"/>
Disrespectful to others.	<input type="checkbox"/>	Avoids closeness.	<input type="checkbox"/>	Lack of curiosity.	<input type="checkbox"/>	Uncomfortable in groups.	<input type="checkbox"/>	Excessive giving.	<input type="checkbox"/>
Confrontational.	<input type="checkbox"/>	Cries frequently.	<input type="checkbox"/>	Loses track of time.	<input type="checkbox"/>	Resists affection.	<input type="checkbox"/>	Self-sacrificing.	<input type="checkbox"/>
Lies frequently.	<input type="checkbox"/>	Changes topics frequently.	<input type="checkbox"/>	Does not respond right away.	<input type="checkbox"/>	Passive responses.	<input type="checkbox"/>	Fits of anger.	<input type="checkbox"/>