

DEMONSTRATING COMPETENCE

We use our cortical brain to make sense of our environment and our emotions and to turn those impressions into language that helps us to learn and to communicate. We build an understanding of who we are and what we can contribute to the world.



Play

Facilitate play that fosters communication and enables the child to find themselves in what they do.

- Offer board games that require skill and strategy (e.g. Yahtzee, chess, or Scrabble)
- Support games that last over multiple sessions (e.g. tournaments, bonspiels)
- Do complex constructions with blocks, kits, or unrelated items
- Combine multiple play and language elements through experiences such as scavenger hunts or multi-sport team races
- Introduce language-based games (e.g. tongue-twisters, crossword puzzles, find-a-words)

Movement

Find opportunities for meaningful interactions with the environment and strength-building.

- Enjoy outdoor experiences (e.g. fishing, hunting, camping, hiking)
- Do construction projects using real tools
- Perform in talent shows
- Work to improve performance in chosen area (e.g. dance, skating, snowboarding)
- Do silly things just for fun (e.g. wild dancing, funny movements, cartwheeling)
- Try new things on an on-going basis

Expressive Arts

Encourage the child's way of seeing the world and find ways that enable them to share a complex and individualized vision.

- Do projects that seek out and reveal patterns.
- Try skilled approaches such as print-making, weaving, or photography
- Use found objects and natural objects for sculpture, collage, and crafts
- Create clothing items that express aspects of identity
- Experiment with improvisation in drama, music, and humour
- Explore scripted drama

Skill-building

Help build the child's skill repertoire while seeking out and encouraging talents.

- Participate in a peer support group
- Conduct science experiments and share results
- Do historical research and share results
- Experiment with telling stories in different ways (e.g. back to front)
- Use numbers in real-life scenarios (e.g. building, sewing, banking)
- Keep a journal for reflection and expression
- Take on a leadership role